



Deepika NS

Executive Life Coach
& Corporate Trainer

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+91 96207 31115
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150+

Trainings Delivered

2500+

Students & Professionals Trained

150+

Coaching Sessions Delivered

TRAINER PROFILE

Learning & Development

Capability Building * Leadership Facilitation * Executive Coaching

16 years. Three worlds. One rare professional.

I bring together the precision of a software engineer, the craft of an educator, and the depth of a certified executive coach — creating learning experiences that are analytically grounded, deeply human, and built to last.

Across 2500+ students and professionals, I have designed and delivered gamified workshops, deep transformational coaching engagements, and structured L&D programs that shift mindset, behaviour, and performance.

- Gamified Workshops | Transformational Coaching | Leadership Readiness
- Behavioural Skills | Program Design | Capability Building

MY APPROACH

Reset

Clear the clutter. Create space for new thinking.

Rewire

Shift patterns. Build new mental models.

Realign

Connect purpose to action. Lead from within.

16 Years' Experience

IT + Teaching + Executive Coaching

*AREAS OF EXPERTISE

What I Bring to Your Organisation

L&D Design & Delivery

Needs analysis, ADDIE design, blended learning, curriculum development, induction programs

Systems & Analytical Thinking

Software engineering background — logic and credibility with technical teams and delivery orgs

Facilitation & Coaching

Workshop facilitation, leadership readiness, behavioural skills, coaching conversations

Stakeholder Management

SME collaboration, HR partnership, L&D strategy alignment, multi-context client management

Measurement & Effectiveness

Kirkpatrick Levels 1-3, feedback analysis, post-program surveys, effectiveness reporting

Tools & Platforms

Articulate & Rise, Google Workspace, LMS (basic), digital feedback & coordination platforms

* TRAINING SPECIALISATIONS

Programs I Design & Deliver

- * Gamified Workshops - high-energy, game-based learning for engagement, retention, and real-world application
- * Deep Transformational Coaching - one-on-one engagements that shift identity, mindset, and behaviour
- * Communication & Feedback Culture - psychological safety and clarity in team conversations
- * Leadership Readiness - purpose, motivation, and conscious leadership for managers
- * Burnout & Resilience - mindfulness, EFT, and happiness science to restore sustainable performance
- * Career Development & Employability - readiness programs for early-career professionals
- * Workplace Wellbeing - happiness, mindfulness, and emotional regulation for organisations
- * Faculty & Educator Development - curriculum design, instructional effectiveness, academic leadership

* PROFESSIONAL EXPERIENCE

Career Journey

Workplace Learning & Coaching Consultant

May 2025 - Present

iDare

- * Guide mid-level professionals through workplace challenges and transitions; built ADDIE-based reflection tools tracking Kirkpatrick Level 3 behavioural change
- * Partnered with HR and wellness stakeholders to support employees navigating leadership changes and organisational transitions

Learning Facilitator & Coach

Feb 2020 - Present

The PavingWay 2 a Better YOU

- * Designed and delivered 50+ gamified workshops and deep transformational coaching programs for professionals, educators, and students across corporate and institutional settings
- * Customised L&D interventions using ADDIE; created digital content via Articulate and Rise deployed through LMS with Kirkpatrick-aligned evaluation
- * Facilitated one-on-one coaching using mindfulness, EFT, positive psychology, and NLP frameworks producing measurable mindset and performance shifts

Head, Customer Success (Learning & Engagement)

Jan 2024 - Aug 2024

Tap My Back

- * Led learning enablement for clients adopting a feedback/recognition SaaS platform; facilitated modules on communication and feedback culture across accounts

Employability & Development Coach

Feb 2023 - Jan 2024

KG Tiger

- * Facilitated workplace readiness programs for early-career professionals; developed ADDIE-based assessments to evaluate employability skills and behavioural readiness

Head of Department & Career Counsellor

Nov 2016 - Apr 2022

Alpine Public School

- * Oversaw curriculum design impacting 250+ learners annually; delivered workshops on stress management, communication, and goal setting; pioneered inter-school hackathons

Senior Software Engineer

2009 - 2016

Fidelity Investments | IBM India | Infosys Ltd.

- * Built Java-based financial applications across enterprise delivery environments; awarded Employee of the Month at Infosys for an Android module that improved product efficiency

* CERTIFICATIONS & EDUCATION

Credentials

CERTIFICATIONS

- * ICF Certified Life Coach, Indian Leadership Academy
- * Certified NLP & Mindfulness Coach, Indian Leadership Academy
- * Certified Career Analyst, Edumilestones - BCPA India & ACCPH UK
- * Certified Global Career Counsellor, University of California Collaboration

EDUCATION

- * PG Diploma in School Counselling, Symbiosis Centre for Distance Learning (2012)
- * B.E. in Computer Science, Nitte Meenakshi Institute of Technology (2009)

RECOGNITION

- * Employee of the Month, Infosys Limited (2011)

Let's Build Something Meaningful Together

Open to L&D roles, facilitation partnerships, and coaching engagements - corporate, institutional, and individual.

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