



## **Organisational Behaviour: Understanding People at Work**

### **PROGRAM OVERVIEW**

Success at work is driven not only by technical skills but also by understanding human behaviour. This interactive workshop introduces participants to the fundamentals of Organisational Behaviour (OB) and how individual, group, and organisational factors influence workplace performance.

Through discussions, role plays, case studies, and group activities, participants will learn how to improve communication, teamwork, motivation, leadership, decision-making, conflict management, and organisational effectiveness. The program equips learners with practical tools to build positive workplace relationships and contribute effectively in today's dynamic work environment.

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### **PROGRAM OBJECTIVES**

By the end of the program, participants will be able to:

- Understand the concept and importance of Organisational Behaviour.
- Explain individual behaviour, personality, perception, and attitudes.
- Recognise factors influencing employee motivation.
- Develop effective communication and interpersonal skills.
- Understand group dynamics and team effectiveness.
- Promote a positive organisational culture and employee engagement.

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### **PROGRAM STRUCTURE**

**Mode:** Classroom / Virtual / Hybrid

**Duration:** 1 Day (6 Hours) or 2 Half-Day Sessions

**Methodology:**

- Interactive Presentation
  - Group Discussions
  - Role Plays
  - Case Studies
  - Team Activities
  - Reflection Exercises
  - Q&A
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### **TARGET AUDIENCE**

- Undergraduate & MBA Students
  - First-time Managers
  - Team Leaders
  - HR Professionals
  - Corporate Employees
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### **KEY TOPICS**

- Introduction to Organisational Behaviour
  - Individual Behaviour
  - Personality & Perception
  - Motivation Theories
  - Communication Skills
  - Team Building & Group Behaviour
  - Leadership Styles
  - Conflict Management
  - Organisational Culture
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### **FACILITATOR**

**Poonam Mhetre** is a Learning & Development professional with experience in leadership development, competency assessment, process excellence, and behavioural skills training. She has facilitated workshops on communication, teamwork, leadership competencies, and employee development using interactive and experiential learning methods.

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## **COMMERCIALS**

Available on request based on:

- 1000/- per hour
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## **GET IN TOUCH**

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Website (if applicable)

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