

Adv. Sneha Kala

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Soft Skills, Behavioral, POSH & Branding Facilitator

Sneha Kala is an experienced trainer with 15 years of experience in the Training Design & Delivery, Teaching, Media Operations & Administration.

She is passionate about delivering result-oriented training and loves to create transformational results with her participants. She is a certified **Transactional Analysis practitioner with specialization in Cognitive Drill Therapy**, she also holds **Diploma in facilitation skills from Dale Carnegie**. She is also a **Govt empaneled POSH law enabler**.

She enjoys meeting people and build rapport. This helps her to have great connection with her trainees and to achieve the training objectives. She believes in experiential learning and thus use **facilitation** & various aspects of **story telling** in her programs

She has addressed so far around 8000 participants in various training programs. The industries she has catered so far includes Jewelry, Retail, Pharmacy, Aviation, Educational Institutes Telecom & IT. She believes in "Walk the Talk" and thus have achieved "Excellent" ratings in all her programs conducted.

Sneha's expertise are in areas of **Art of Collaboration, Gender Sensitivity, Effective stakeholder management, Strategic decision making, assertive communication, Customer Service, Communication, Retail, Presentation skills, Team work, Motivation, Branding, Compliance, Code of Conduct P.O.S.H. Voice and Accent & Communication, Generational Diversity** etc in various organizations. She believes in learning every moment and upgrading her knowledge. Thus, always have strived to acquire knowledge through reading and attending workshops.

She loves reading books, writing, acting and loves to experience various cultural & social dynamics through travelling. Her areas of interest had always been imparting knowledge and helped to become a better people's person.



Achievements

- Trained around 12000+ people in various organizations in-Retail, Sales, Pharmacy, Aviation, IT, Educational.
- Ted X Speaker

Experience

- 15 years of experience in Training, Teaching, Media Relations, Retail,.
- Certified Trainer -Dale Carnegie in Facilitation Skills. Certified Practioner - Transactional Analysis in CDT
- Govt empanelled POSH trainer and listed resource person

Qualifications

- BMM and LLB
- M.sc in Corpo rate Communications (University of West London)

Initiatives for the cause of Gender Equality

Fight Back Foundation – An initiative for safeguarding children from sexual abuse.

- ▶ Starting a helpline and organizing awareness session about Protection of Children from Child Sexual offences, throughout New Mumbai.
- ▶ Sensitizing Police force on handling the minors.



Sakshya- A program where unorganized sector working women are sensitized about the PoSH Act.

- ▶ Pro bono PoSH Consulting for home entrepreneurs or small-scale industries and NGOs.
- ▶ Free Counselling to the victims of Sexual harassment.

Felicitated by Celebrated Choreographer Geeta Kapoor on the launch of Theatrical Musical Zidd (Musical based on POCSO case)

Initiatives for the cause of Gender Equality

For Men India- Pioneer Member

An NGO working for the men's well being India. Helping the victims and assuring their mental well being through out their journey of litigation. Represent the NGO on various digital platforms as panelists.

Ashrayani Foundation- Paa Lo Naa an initiative driven by the foundation to rehabilitate, rescue and stop abandonment of Infants since 2015. Volunteer to draft policies and laws for Infant's protection.

Men Talks – A Delhi NCR based NGO working for the well being of Men. Volunteering and Training Men for their emotional well being and helping them with the legal help.

Shrut Sakha: A Lucknow based organisation working for the well being of distressed families pan India. Conducting training for the volunteers along with counselling to the families.

Programs and Certifications

- *Art of Collaboration*
- *Customer Service*
- *Diversity and Inclusion*
- *Team Building*
- *Time Management*
- *Branding*
- *Presentation Skills*
- *P.O.S.H. Train the Trainer*
- *Communication Skills*
- *Generational Diversity*
- *Negotiation Skills*
- *Conflict Managment*
- *Diversity Equity and Inclusion*

Certifications:

- DEI Advanced Expert
- The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013.
- Positive Psychology
- Transaction Analysis – Cognitive Drill Therapy
- Counseling Techniques
- Diplôme in Cyber Law
- Healing through Stories

Govt Empanelment Certificate

https://shebokwcd.gov.in/empanelmentReport

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Approved Empanelled List Statewise

Individual Organization

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sneha

#	State	District	Name	Contact	Email	Identification Number	Highest Degree	Total Experience	Date
134	Maharashtra	THANE	Sneha Kala	9167204851	kalasneha@gmail.com	CZHPK9748M	Msc	11	2025-05-14

Showing 1 to 1 of 1 entries (filtered from 213 total entries)



(A Government of India Empaneled Institution to provide training under Sexual Harassment of Women at Workplace (Prevention, Prohibition & Redressal) Act, 2013)

Certificate of Participation

Be a POSH Enabler

**Two Days Workshop on
Sexual Harassment of Women at Workplace (Prevention, Prohibition & Redressal) Act, 2013**

This is to certify that **Ms Sneha Kala** has participated in the Workshop organised on 7th and 8th February 2019, at Mumbai.

MUHAMMED RAFEEQUE

Founder-Vlegal

DEEPA RAFEEQUE

Corporate Trainer

Certified on: 8th February, 2019

Vlegal, Auris, 7th Floor East Wing, Raheja Towers, M.G. Road, Bangalore-560001, www.vlegal.in

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